

## Getting the right kind of support

In the past, children and young people who needed a lot of extra help with learning had **Statements** and **Learning Difficulty Assessments**.

This has changed. Now you can have an **Education, Health and Care Plan** instead (sometimes these are called **EHC plans**).



EHC Plans use information from your EHC Needs Assessment to say what you want to **achieve** and what **support** must be provided to help you.

## What is in the plan?

Everyone will have a different plan because it is **all about YOU**. We are all different.



It will have information like:

- **who** you are
- how you **communicate**
- what you want to **achieve**
- why **you need help** with things
- what **kind of support** you need, and **how often** you need it
- where you go to school or college (if you do)

Support that is written in the plan **must** be given to you.



All the people that support you will be able to see your plan. This helps them work together to support you.



You have the **right** to say what kind of information you think should be in your plan and who you want to see it.



## Who gets a plan?

If you had a **Statement**, it should be changed to an **EHC Plan** before **April 2018**.

If you have a **Learning Difficulty Assessment (LDA)** you can **ask** for an Education, Health and Care Needs Assessment.



If you are aged **25 years or under** and you need extra help with learning then you might need an **EHC Plan** to help you get more support.

Your **EHC Plan** can carry on until you are **25 years** old, but it will **stop** if:

- you go to **University**
- you get a **job**
- the local authority think you do **not need** it anymore



You can tell the local authority what you think about your plan and they must listen to you. The local authority are sometimes called 'the council'. They might say that you do **not need** an EHC plan anymore if they think you no longer need the support in the plan. They will tell you first. If you **do not agree** then you can say so. You can ask your local **Information, Advice and Support Service** (Ask Us Nottinghamshire) for help.



**Will someone help me with all of this?**

To find out more about EHC plans, you can go to:  
[www.youtube.com/user/WatchCDC](http://www.youtube.com/user/WatchCDC)



Your **Information, Advice and Support Service (Ask Us Nottinghamshire)** can help if you have any **questions** about your EHC Plan, Learning Difficulties Assessment or Statement. They can help you through the process and make sure your views are heard if there are things you don't agree with.



If you are **not happy** with our support then please **tell us** how we can make it better!



You can contact us by:



Telephone:  
0800 121 7772



Email:  
[askus@futuresforyou.com](mailto:askus@futuresforyou.com)



Contact Us form on our  
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