**Personal Independence Payment (PIP) –**

**Table of activities, descriptors and points**

**Daily Living Activities**

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| Activity  | Descriptors  | Points  |
| **1. Preparing food**  | a. Can prepare and cook a simple meal unaided.  | 0  |
| b. Needs to use an aid or appliance to be able to either prepare or cook a simple meal.  | 2  |
| c. Cannot cook a simple meal using a conventional cooker but is able to do so using a microwave.  | 2  |
| d. Needs prompting to be able to either prepare or cook a simple meal.  | 2  |
| e. Needs supervision or assistance to either prepare or cook a simple meal.  | 4  |
| f. Cannot prepare and cook food.  | 8  |

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| Activity  | Descriptors  | Points |
| **2. Taking nutrition**  | a. Can take nutrition unaided.  | 0  |
| b. Needs – 1. to use an aid or appliance to be able to take nutrition; or
2. supervision to be able to take nutrition; or
3. assistance to be able to cut up food.
 | 2  |
| c. Needs a therapeutic source to be able to take nutrition.  | 2  |
| d. Needs prompting to be able to take nutrition.  | 4  |
| e. Needs assistance to be able to manage a therapeutic source to take nutrition.  | 6  |
| f. Cannot convey food and drink to their mouth and needs another person to do so.  | 10  |

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| Activity  | Descriptors  | Points  |
| **3. Managing therapy or monitoring a health condition**  | a. Either – 1. does not receive medication or therapy or need to monitor a health condition; or
2. can manage medication or therapy or monitor a health condition unaided.
 | 0  |
| b. Needs either – 1. to use an aid or appliance to be able to manage medication; or
2. supervision, prompting or assistance to be able to manage medication
3. supervision, prompting or assistance to be able to monitor a health condition
 | 1  |
| c. Needs supervision, prompting or assistance to be able to manage therapy that takes no more than 3.5 hours a week.  | 2  |
| d. Needs supervision, prompting or assistance to be able to manage therapy that takes more than 3.5 but no more than 7 hours a week.  | 4  |
| e. Needs supervision, prompting or assistance to be able to manage therapy that takes more than 7 but no more than 14 hours a week.  | 6  |
| f. Needs supervision, prompting or assistance to be able to manage therapy that takes more than 14 hours a week.  | 8  |

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| Activity  | Descriptors  | Points  |
| **4. Washing and bathing**  | a. Can wash and bathe unaided.  | 0  |
| b. Needs to use an aid or appliance to be able to wash or bathe.  | 2  |
| c. Needs supervision or prompting to be able to wash or bathe.  | 2  |
| d. Needs assistance to be able to wash either their hair or body below the waist.  | 2  |
| e. Needs assistance to be able to get in or out of a bath or shower.  | 3  |
| f. Needs assistance to be able to wash their body between the shoulders and waist.  | 4  |
| g. Cannot wash and bathe at all and needs another person to wash their entire body.  | 8  |

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| Activity  | Descriptors  | Points  |
| **5. Managing toilet needs or incontinence**  | a. Can manage toilet needs or incontinence unaided.  | 0  |
| b. Needs to use an aid or appliance to be able to manage toilet needs or incontinence.  | 2  |
| c. Needs supervision or prompting to be able to manage toilet needs.  | 2  |
| d. Needs assistance to be able to manage toilet needs.  | 4  |
| e. Needs assistance to be able to manage incontinence of either bladder or bowel.  | 6  |
| f. Needs assistance to be able to manage incontinence of both bladder and bowel.  | 8  |

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| Activity  | Descriptors  | Points  |
| **6. Dressing and undressing**  | a. Can dress and undress unaided.  | 0  |
| b. Needs to use an aid or appliance to be able to dress or undress.  | 2  |
| c. Needs either - 1. prompting to be able to dress, undress or determine appropriate circumstances for remaining clothed; or
2. prompting or assistance to be able to select appropriate clothing.
 | 2  |
| d. Needs assistance to be able to dress or undress their lower body.  | 2  |
| e. Needs assistance to be able to dress or undress their upper body.  | 4  |
| f. Cannot dress or undress at all.  | 8  |

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| Activity  | Descriptors  | Points  |
| **7.** **Communicating verbally**  | a. Can express and understand verbal information unaided.  | 0  |
| b. Needs to use an aid or appliance to be able to speak or hear.  | 2  |
| c. Needs communication support to be able to express or understand complex verbal information.  | 4  |
| d. Needs communication support to be able to express or understand basic verbal information.  | 8  |
| e. Cannot express or understand verbal information at all even with communication support.  | 12  |

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| Activity  | Descriptors  | Points  |
| **8. Reading and understanding signs, symbols and words**  | a. Can read and understand basic and complex written information either unaided or using spectacles or contact lenses.  | 0  |
| b. Needs to use an aid or appliance, other than spectacles or contact lenses, to be able to read or understand either basic or complex written information.  | 2  |
| c. Needs prompting to be able to read or understand complex written information.  | 2  |
| d. Needs prompting to be able to read or understand basic written information.  | 4  |
| e. Cannot read or understand signs, symbols or words at all.  | 8  |

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| Activity  | Descriptors  | Points  |
| **9. Engaging with other people face to face**  | a. Can engage with other people unaided.  | 0  |
| b. Needs prompting to be able to engage with other people.  | 2  |
| c. Needs social support to be able to engage with other people.  | 4  |
| d. Cannot engage with other people due to such engagement causing either – 1. overwhelming psychological distress to the claimant; or
2. the claimant to exhibit behaviour which would result in a substantial risk of harm to the claimant or another person.
 | 8  |

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| Activity  | Descriptors  | Points  |
| **10. Making budgeting decisions**  | a. Can manage complex budgeting decisions unaided.  | 0  |
| b. Needs prompting or assistance to be able to make complex budgeting decisions.  | 2  |
| c. Needs prompting or assistance to be able to make simple budgeting decisions.  | 4  |
| d. Cannot make any budgeting decisions at all.  | 6  |

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**PIP - Mobility Activities**

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| Activity  | Descriptors  | Points  |
| **1. Planning and following journeys**  | a. Can plan and follow the route of a journey unaided.  | 0  |
| b. Needs prompting to be able to undertake any journey to avoid overwhelming psychological distress to the claimant.  | 4  |
| c. Cannot plan the route of a journey.  | 8  |
| d. Cannot follow the route of an unfamiliar journey without another person, assistance dog or orientation aid.  | 10  |
| e. Cannot undertake any journey because it would cause overwhelming psychological distress to the claimant.  | 10  |
| f. For reasons other than psychological distress, cannot follow the route of a familiar journey without another person, an assistance dog or an orientation aid.  | 12  |

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| Activity  | Descriptors  | Points  |
| **2. Moving around**  | a. Can stand and then move more than 200 metres, either aided or unaided.  | 0  |
| b. Can stand and then move more than 50 metres but no more than 200 metres, either aided or unaided  | 4  |
| c. Can stand and then move unaided more than 20 metres but no more than 50 metres.  | 8  |
| d. Can stand and then move using an aid or appliance more than 20 metres but no more than 50 metres.  | 10  |
| e. Can stand and then move more than 1 metre but no more than 20 metres, either aided or unaided.  | 12  |
| f. Cannot, either aided or unaided, – 1. stand; or
2. move more than 1 metre.
 | 12  |

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