

Sam's Workplace was started to provide a realistic working environment for adults with a learning disability. We started as a small sweet shop, and expanded to a community cafe. We are based on the road to a main secondary school and are extremely popular with the pupils there!

We expanded to include an allotment where we run a seed to table project covering all aspects of plant/vegetable growing, and bring back to the cafe for some lovely dinners!

We expanded again to include animal care and our chickens, rabbits, guinea pigs are now beloved pets.....

Expansion called again with the upstairs flat which we use as a workshop for all our arts and crafts, and using the bedroom/kitchen/bathroom to further the independent living skills of our lovely young people.



We are more than happy for any visits to have a look around - feel free to come to the cafe during our opening times - no booking necessary!!

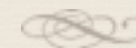
Hope to meet you soon for a cuppa and a chat!

SAM'S WORKPLACE  
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# SAM'S WORKPLACE



Sam's Workplace uniquely offers work experience placements to adults with a learning disability. Here they can choose to take part in any of our work environments: community cafe, sweet shop, allotment, workshop, animal care, independent living skills.



# SAM'S WORKPLACE

We can offer a placement with hours that suit you - be that 2 hours a day, or 8 hours a day. Placement costs can be funded through the Direct Payments Scheme or self assessed funding route and we are more than happy to help with the process .....



*We attend many events promoting Sam's Workplace within our local community*

Since our start in 2012 we have been open Monday to Friday 8am till 4pm, with both full and part time staff from our local community. We have 2 committed volunteers who attend every week and are always looking for more! If you feel you could help us out please contact us: [samsworkplace@mail.com](mailto:samsworkplace@mail.com) or telephone 01623 797240.

Our numbers of adults attending have risen steadily year on year and we are proud of our successes. All our students completed the health and hygiene course and the first aid certificate. We are running a sugar craft course with some amazing results, and are planning sewing courses as well as positive mental health courses in the future.

## COMMUNITY CAFE AND SWEET SHOP

Based on Preston Road in Rainworth, we offer basic home made food - our brownies with ice cream, sauce and cream are a huge favourite locally, and at only 50p are an absolute bargain! As far as possible we keep prices to end in a -0 or -5 so it makes addition easier - our till is basic and easy to follow, and we still stock the 1p, 2p, 3p and 5p sweets to reinforce basic maths skills in a fun way!



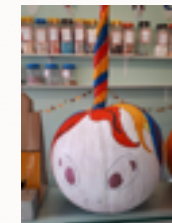
*Cooking for MacMillan fundraising event*



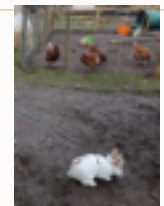
*Fun at Halloween!!*

## ALLOTMENT AND ANIMAL CARE

Our allotment is based in nearby Blidworth and is currently being sown with our favourite vegetables (and some not so popular - brussels sprouts being one!). We run a seed to table project so that our young adults understand the whole growing process - we have had some brilliant successes and some disasters, but that's all part of the learning process!



*Our decorated pumpkins*



*Time for walks...*

## WORKSHOP AND INDEPENDENT LIVING SKILLS

In our flat on Preston Road we have converted one room to our workshop to undertake all our arts and crafts, and we use the kitchen, bedroom, bathroom areas for independent living skills such as dusting, hoovering, cleaning, cooking for one, budgeting, shopping as well as TITAN travel training skills. We are proud to be a TITAN Safe Haven.



*shopping choices ....*



*Travel training to aid with independence*