



0800 121 7772



[askus@futuresforyou.com](mailto:askus@futuresforyou.com)



Ask Us Nottinghamshire,  
57 Maid Marian Way,  
Nottingham,  
NG1 6GE

## Finding out what support you need

Sometimes students need a lot of extra support to help them learn. Schools and colleges can provide some extra support but if you need a lot of extra help in school, college or training you may need to have an **Education, Health and Care Needs Assessment** (sometimes it is called an **EHC Needs Assessment**). This is a careful look to find out what kind of help and how much help you need.



## Who can have an EHC Needs Assessment?

If you are:

- aged 25 years or under **and**
- you have **special educational needs** (this means you need extra help to learn things) **and**
- your school or college may not be able to give you all of the support you need,

then you may need an EHC Needs Assessment.

## What happens when you have an EHC Needs Assessment?



You and the people who already support you will think about what you **can do** on your own and what you might **need extra help** with.



You and your parents or carers will be asked if you want to write down or to **say what you think** about your needs and support.



Other people will also be asked to write reports about the help they think you need.

People such as :

- teachers at your school or college
- people that support you at school or college
- an educational psychologist (someone who knows lots about how people learn).
- doctors and therapists (if you see them)
- social workers (if you use social services or need to do so)
- if you have problems with hearing or sight, teachers who know lots about those things
- any other people you want to write reports to explain your needs



If it looks as though you need a great deal of extra help in your school, college or training, then you will have a plan to make sure you get that extra help.

This is called an **Education, Health and Care Plan** (sometimes called an EHC Plan). If you are over 18 you might need an EHC Plan to make sure you can finish your education or training.

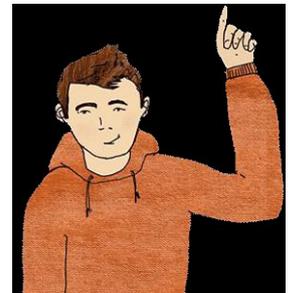


## How do I get an EHC Needs Assessment?

You can **ask** for an assessment if you are aged between 16 and 25 years old and you think you might need one.

Other people that can ask for you are:

- your parents or carers
- your school or college
- people who work with you, like doctors or teachers



Your **Information, Advice and Support Service (Ask Us Nottinghamshire)** is there to **help you and your parents or carers**. It can help you, or your parents, ask for an EHC Needs Assessment, help you through the EHC Needs Assessment process and make sure your views are heard if there are things you don't agree with.

